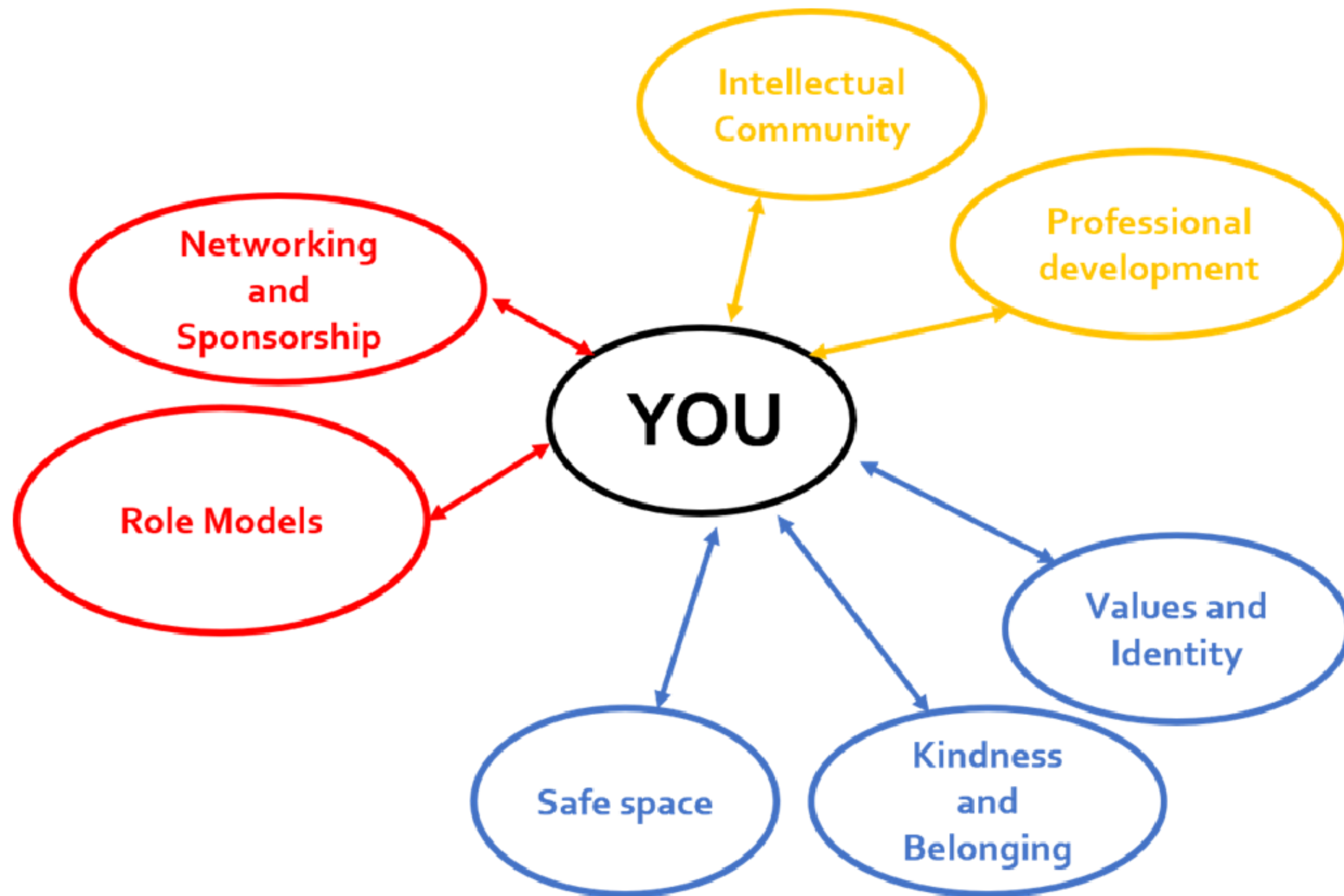


## Who do you get support from?

using the sticky notes create a list of people you get support from - in any & all aspects of life



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